Resource List for Services

~This is just a tentative list of resources that I have come across~

Food Banks

- Mid-Michigan Food Bank, 2116 Mint Rd. Lansing, MI 48906,
 - o phone number: **517-702-3355**
- Emergency food assistance: Greater Lansing Food Bank at (517) 887-4357 or the Mid-Michigan Chapter of the Red Cross at (517) 484-7461 x137.
- Webberville Food Bank Contact: Village Office: (517) 521-3984
- Dansville Clothing and Food Bank 1361 Mason St. Dansville, MI (517) 623-2392
- American Red Cross Regional Food Distribution Center 2116 Mint Rd. Lansing, MI (517) 321-6807

Community Centers

- Habitat for Humanity Restore: Habitat for Humanity in Williamston, MI sells new and used goods such as furniture, building supplies, appliances, cabinets, lighting, paint supplies, and plumbing materials at discounted prices.
 - Contact Information. Address: 1500 W. Grand River Ave., Suite B Williamston, MI 48895
 Phone: (517) 655-3404
- YMCA

o Address: 3232 E Grand River Rd Williamston, MI 48895 Phone: (517) 655-5525

Day Care Providers

- Ingham County Office for Young Children (517) 887-4319 or toll free (800) 234-6996 in order to obtain a free list of licensed child care providers, describing the ages of children served and times available, near where parents work, live, or go to school (web address where I obtain this info http://www.cacvoices.org/organizations/webberville/directory) website of ICYC: http://hd.ingham.org/office-for-young-children.aspx
- Kid's Corner Childcare: Licensed care for children for Kindergarten-5th graders
 517-655-4637 ~ 420 Highland St. Williamston, MI
- Mimi's Busy Bee Daycare 420 E. Grand River Ave. ~517-655-3657

Medicaid

- MMAP: Michigan Medicaid/Medicare Assistance Program. Description: A free counseling service for Medicare/Medicaid beneficiaries and their caregivers.
 - Contact Information email: <u>info@mymmap.org</u>
 phone: toll free, **1-800-803-7174** address: 6105 West St. Joseph, Suite 204, Lansing, MI. 48917-4850
- Ingham County Office for Young Children

A resource and referral agency that provides:

- Free child care referrals and information for families living in Clinton, Eaton, Ingham and Shiawassee county
- Free referrals to community agencies
- Free consultation and support services to parents
- Financial assistance information
- Training and education
- Consultation and support services to child care professionals
- Quarterly newsletters and publications
- Work-site services

Located in the Ingham County Human Services Building, 5303 S. Cedar St. Lansing, MI, in the Health Department. Phone number: (517) 887-4319 or toll free 800-234-6996. Web address: http://hd.ingham.org/office-for-young-children.aspx

Counseling

- Clinton-Eaton-Ingham CMH Ingham Counseling Center
- 5303 South Cedar Street, Lansing 48911. Phone: (517) 393-4030.

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• 24 hour emergency: (517) 372-8460 or 800-372-8460. Children's Services offers comprehensive services dedicated to the promotion of healthy family relationships. Treatment and psycho-education are provided to families with children from infancy to 18 years of age. Programs include an early intervention and school based service, child & adolescent services and a family guidance service. Requests for services should be made by calling the Acess office at 517-346-8318 or 888-800-1559. Web Address: www.ceicmh.org/

CMH counseling center accepts Medicaid, Medicare, Adult Benefit Waiver (ABF), and private pay.

Substance Abuse and Addiction Treatment/Counseling

- Insight Recovery Center Substance abuse issues, adolescent services, individual and family counseling, anxiety and depression, panic attacks, and stress – Covington Ct. Lansing, MI (517) 371-4971
- The Watershed Addiction Treatment Programs: 24 hour 1-866-549-5989

Crisis Lines and Shelters

• <u>Gateway Community Services, RAPline</u> (Runaway Assistance Program). Description: Designed for adolescents who may be experiencing a crisis, including potential runaways, current runaways, and youth experiencing tension in the home. Additionally, parents, friends, or anyone concerned about an at-risk youth may use these services.

(Gateway Community Services, http://www.gatewayservices.org/page.cfm/13/).

- o Phone: Toll Free, 1-800-292-4517
- Gateway Community Services, Parent Help Line Description: For parents who are
 experiencing difficulties or struggles with parenting. In addition, any person may
 call with concerns about a child who is at risk for abuse and/or neglect. If a child
 is determined to be in immediate danger and the Helpline counselor has the
 necessary identifying information, a report will be made to Child Protective
 Services.

(Gateway Community Services, http://www.gatewayservices.org/page.cfm/13/).

o Phone: Toll Free, 1-800-942-4357

Contact information for Gateway Community Services:

Gateway Community Services
2875 Northwind Drive - Suite 111
East Lansing, MI 48823
Phone: 517-351-4000 Fax: 517-351-4094 E-mail:
info@gatewayservices.org

• EVE, Inc. (End Violent Encounters). EVE provides shelter and supportive services for victims of domestic violence. 24 hour, 7 days/week crisis line (517) 372-5572 ~ www.eveinc.org

SHELTERS

• CADA: Council Against Domestic Assault – (517) 372-5572

- Hannah's House Inc, 625 N Walnut Lansing, MI (517) 482-5856 The purpose of Hannah's House is to provide shelter, food, clothing, classes, and mentoring to homeless pregnant women to help prepare moms to effectively raise a family. Our program is designed to reinforce a positive lifestyle and promote social, emotional, and spiritual growth. http://www.hannahshouselansing.org/
- Women's Opportunity House 3715 Delta River Dr. Lansing, MI (517) 886-1686
- Volunteers of America 430 N Larch St. Lansing, MI (517) 484-4414
- Siren Eaton Shelter: 245 S. Cochran Charlotte, MI (517) 543-0748 Serves survivors of domestic violence and homeless in Eaton County

Clothing

- Cedar Thrift Store Volunteers of America Michigan 5411 S Cedar Lansing, MI (517) 272-3126
- Bargain Way Resale Centers 111 W Mt Hope (517) 372-8210
- St Vincent De Paul Thrift Store 1020 S Washington Lansing, MI (517) 484-5395

Mental Health

• Community Mental Health Services of Livingston County http://www.cmhliv.org/sites.htm

Grief Support

Ele's Place: A healing center for grieving children and their families.

1145 W. Oakland Ave, Lansing, MI 48915 (517) 482-1315.

~ www.elesplace.org

Livingston County Community Mental Health